

Audrey Huberman Ed.D
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www.skillsforliving.ca

EDUCATION

- 2020 **Basic Parent Coordination Certification**, Riverdale Mediation, Toronto
- 2018 **Family Mediation Accreditation**, Riverdale Mediation, Toronto
- 2004 **Doctor of Education**, Curriculum, Teaching, and Learning, Ontario Institute of Studies in Education, University of Toronto
- 1998 **Master of Education**, Curriculum, Teaching, and Learning, Ontario Institute of Studies in Education, University of Toronto
- 1995 **Additional Qualification**, Special Education, part. 1, University of Toronto
- 1995 **Bachelor of Education**, University of Toronto
- 1989 **Bachelor of Fine Arts**, Concordia University, Montreal, QB

COUNSELING

- 2003-present **Founder of *Skills for Living***, Private counselling & consulting practice, Toronto
www.skillsforliving.ca
- Teach social, emotional and behavioural skills to parents, children, teens, adults, parents of multiples and families.
 - Engage critical-theory approaches such as Narrative Therapy, Cognitive Behaviour Therapy and Dialectical Behaviour Therapy (DBT)
 - Advocate for individuals, with special needs, and their families in the public and private school systems
 - Team with health care professionals to offer clients comprehensive and responsive services
 - Speak to special interest groups on topics pertaining to developing social, emotional and behavioural skills in children, parents, and adults

TEACHING

- 2005- present **Part-Time Faculty**, Ryerson University, Early Childhood Studies
- Courses taught:
- Infant Mental Health (CLD442)
Therapies for Young Children (CLD444)
Families in Canadian Context (CLD231)
Adult Development (CLD409)
Social–Emotional Intelligence (CLD205)
Philosophical Foundations of Education (CPHL301)
Plato and the roots of western philosophy (CPHL101)
- Develop, manage, and deliver course curriculum to a diverse population of general and early childhood studies students
 - Engage a variety of teaching methods including lecture & discussion, small group, and simulation
 - Concisely explain in word and writing complex psychological and philosophical concepts
 - Provide informal and formal feedback in a rigorous and sensitive manner

Online Course Development/Subject Matter Expert, The Chang School, Ryerson University

Sept-Present Course development for:
Infant Mental Health (CCLD442)

Feb-Dec 2017 Therapies for Young Children (CCLD444)

- Prepare original course material for an online environment
- Develop 13 instructional modules and all corresponding learning activities
- Engage Ryerson software platforms - CMS/LMS
- Collaborate with Digital Education Strategies professionals
- Deliver and manage course curriculum to a diverse population students

PRESENTATIONS

Huberman, A. (2017). *Navigating social realms: Effective group work and individual participation skills*. Presentation for University of Toronto Scarborough campus students, Scarborough, Ontario.

Huberman, A. (2016/17). *Executive function skills*. 16 week training program for students between the ages of 10-12, Dunblaine Private School, Toronto, Ontario.

Huberman, A. (2014/15/16). *Communicating with Employers and Faculty Workshop*. Presentation for University of Toronto Scarborough campus students, Scarborough, Ontario.

Huberman, A. (2014). Family strategies to achieve social, emotional and behavioural well-being. Workshop for parents with school age children, Swansea Public School, Toronto, Ontario.

Huberman, A. (2014). Family strategies to foster social-emotional intelligence. Workshop for parents with school age children, Dunblaine Private School, Toronto, Ontario.

Huberman, A. (2014). Helping your child succeed in school. Workshop for parents with school age children, Vradenberg St. Public School, Toronto, Ontario

Huberman, A. (2014). Bully prevention workshop. Workshop for parents with school age children, Church St. Public School, Toronto, Ontario.

Huberman, A. (2013). *Raising a mensch*. Presentation for Beth David synagogue, Toronto, Ontario.

Huberman, A. (2013/14). *Goal setting*. Presentation for University of Toronto Scarborough campus students, Scarborough, Ontario.

Huberman, A. (2013). *The social side of anaphylaxis*. Presentation for the Toronto Anaphylaxis Education Group, Toronto, Ontario.

Huberman, A. (2013). *All bases covered*. Workshop series for parents and educators. Learning Disabilities association, Toronto District, North York, Ontario.

Huberman, A. (2011/12/13). *Parent Group*. Workshop series for parents with children with learning disabilities and/or attention deficits. Learning Disabilities association, Toronto District, North York, Ontario.

Huberman, A. (2009/10/12/13/14). *Social skills: Parts 1 and 2*. Presentation for University of Toronto Scarborough campus students, Scarborough, Ontario.

- Huberman, A. (2011/13). *Helping your child succeed in school*. Workshop for parents with school age children, Church St. Public School, Toronto, Ontario.
- Huberman, A. (2011/12). *Project aware*. Workshop series focused on critical topics related to bullying/hate crimes and learning disabilities. Learning Disabilities association, Toronto District, North York, Ontario.
- Huberman, A. (2008/09/10/12). *Positioning your difficult child for success*. Presentation for parents at the Learning Disabilities association, Toronto District, North York, Ontario.
- Huberman, A. (2011). *Anger-management and impulse-control*. Workshop for grade 3 students and their parents, Arbor Glen Public School, North York, Ontario.
- Huberman, A. (2011). *Building self-esteem in students with learning disabilities*. Train the trainer workshop for Ministry of Health and Promotion. Learning Disabilities association, Toronto District, North York, Ontario.
- Huberman, A. (2011). *Think, feel, do: Creating a positive family dynamic*. Workshop for parents of multiples at Multiple Births Canada's 2011 conference, Windsor, Ontario.
- Huberman, A. (2011). *Think, feel, do: Creating positive friendships*. Workshop for parents of multiples at Multiple Births Canada's 2011 conference, Windsor, Ontario.
- Huberman, A. (2011). *Anti-bullying*. Workshop for grade 5 and 6 students and their parents, Arbor Glen Public School, North York, Ontario.
- Huberman, A. (2010). *Healthy body image and tobacco prevention*. Leadership and Public Health workshop for youth at the Learning Disabilities association, Toronto District, North York, Ontario.
- Huberman, A. (2010). *Transitioning from High-School to University*. Presentation for University of Toronto Scarborough campus students, Scarborough, Ontario.
- Huberman, A. (2010). *Parenting for the socially competent child*. Workshop for parents at the Learning Disabilities association, Toronto District, North York, Ontario.
- Huberman, A. (2009). *Parenting Teens: Meeting multiple and conflicting needs*. Learning Disabilities Association, Toronto District, North York, Ontario.
- Huberman, A. (2009). *Executive function: The big and small of knowing and doing*. Presentation for Dunblaine School parents and staff, North York, Ontario.
- Huberman, A. (2009). *Living with a Learning Disability: A meaning-making affair*. Workshop for Youthdale Treatment Centres' annual conference, Toronto, Ontario.

Huberman, A. (2009). *Teaching Social Skills: Making the implicit, explicit*. Train the Trainers workshop for University of Toronto Scarborough Campus Health and Wellness and Access Ability staff, Scarborough, Ontario.

Huberman, A. (2008). *Achievement motivation: From theory to practice*. Presentation for Kumon Canada instructors, Vaughan, Ontario.

Huberman, A. (2007/8). *Communication strategies and language*. Presentation for Adapted & Integrated Services staff - Toronto and East York District, Toronto, Ontario.

Huberman, A. (2007). *How to write tests so you show what you know*. Presentation for youth at the Learning Disabilities association, Toronto District, North York, Ontario.

Huberman, A. (2007). *Multiples and education*. Keynote address at Multiple Births Canada's 2006 conference, Kitchener, Ontario.

Huberman, A. (2006). *Help! We have multiples*. Workshop for parents of multiples at Multiple Births Canada's 2006 conference, Chatham, Ontario.

Huberman, A. (2002). *Parenting and educating the twin population*. Paper presented at the Canadian Society of Studies in Education, Ontario Institute of Studies in education, Toronto, Ontario.

Huberman, A. (2001). *Raising an emotionally intelligent child*. Paper presented at the Canadian breast cancer foundation's health and fitness weekend, Camp Manitou.

Huberman, A. (2001). *A narrative inquiry into the development of a woman's organization: Taking a step for the big picture*. Paper presented at the American educational research association, Washington state convention and trade centre.

PUBLICATIONS

Huberman, A. (2012). *All Bases Covered*. The Learning Disabilities Association of Toronto District. Toronto, Ontario.

Huberman, A. (2001, 2002). The conscious parent. *Bulletwin*, Dec 2001, Jan 2002, Feb 2002, March 2002, April, 2002, June/July/August 2002, Sept 2002, Oct 2002.

Huberman, A. (2001). The wonders of story. *Among teachers community*, 29.

Huberman, A. (2001). *A narrative inquiry into the development of a woman's organization: Taking a step for the big picture*. Education resource information centre.

Huberman, A. (2001). Experiencing twinship, In D. Schroeder (Ed.) *Twenty-five* (pp. 46). Toronto, Ontario, Canada: Toronto Parents of Multiple Births Association.

MEMBERSHIPS

2019 - Zero to Three
2020

- 2018 - present Ontario Association for Family Mediation
- 2017-2019 Family Dispute Resolution Institute of Ontario
- 2004-present Ontario Association of Consultants, Counsellors, Psychometrists, and Psychotherapists

APPOINTMENTS

- 2009 -2012 **Board of directors**, Learning Disabilities Association, Toronto District
- Assume all board responsibilities: Planning and policy development, community and organizational development, fundraising and support development.
- 2005-2017 **Advisory board**, Multiple Births Canada (MBC)
- Invited to join international group of physicians and educators to consult on issues that impact multiples and their families
 - Provided a written argument to strengthen MBC's effort to revisit the provisions in compassionate care, maternal and parental leave under the Federal Employment Insurance program for families with multiples

AWARDS

- 2007 Dionne Making a Difference Award; Multiple Births Canada

RESEARCH

- 2001- 2004 **Doctoral Thesis**, Ontario Institute of Studies in Education, University of Toronto
- Investigated the multiple-birth experience via phenomenological methodology
 - Engaged multiple data sources including the children's drawings, personal photography, and interview transcripts
 - Organized data into four analytical categories that efficiently synthesized and communicated the complex, compounded, and copious data
 - Outlined implications of research and offered practical applications
- 2000 **Doctoral level pilot project**, Ontario Institute of Studies in Education, University of Toronto
- Investigated women's ways of working collaboratively
 - Created visual aids to present and communicate narrative methodology and findings at the American educational research association
- 1998 **Master's Research Projects**, Ontario Institute of Studies in Education, University of Toronto
- Examined women's perceptions of the salient events in their lives
 - Synthesized data into thematic categories
 - Research project was upgraded to QRP status as a result of its quality, depth and breath

ACADEMIC ASSOCIATIONS AND SERVICES

- 1998-2000 **Book Review Editor**, Journal of Curriculum Inquiry, Ontario Institute of Studies in Education, University of Toronto
- Provided oral and written assessment of submitted manuscripts

- Prepared and participated in a panel discussion, for doctoral students, on the submission protocol of manuscripts to academic journals